

## Mathews High School Menu - September 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Breakfast -</b>                      *Assortment of Biscuits                      *Juice, Milk &amp; Fruit served daily with breakfast.</p> <p><b>Choice of:</b> Milk - 1% white or 1% chocolate - served with all complete meals.</p>	<p><b>5 Lunch - Choose One</b>                      Oriental Chicken Salad                      BBQ on Bun  <i>Choose One or Two</i>                      Baked Beans                      Cole Slaw  <i>Choose One or Two</i>                      Assorted or Fresh Fruits</p>	<p><b>6 Lunch - Choose One</b>                      Ham &amp; Cheese Croissant                      Hot Dog on Bun w/Chili &amp; Cheese                      Pizza  <i>Choose One or Two</i>                      Pasta Salad                      Lettuce &amp; Tomato                      Fresh Vegetable Cup  <i>Choose One or Two</i>                      Assorted or Fresh Fruit</p>	<p><b>7 Lunch - Choose One</b>                      Chicken Salad Sandwich                      Cheeseburger on a Roll  <i>Choose One or Two</i>                      Green Beans                      Potato Puffs                      Lettuce &amp; Tomato  <i>Choose One or Two</i>                      Assorted or Fresh Fruits</p>	<p><b>8 Lunch - Choose One</b>                      Chicken Spinach Wrap                      P. Pan Cheese Pizza  <i>Choose One or Two</i>                      Romaine Salad w/Tomato &amp; Dressing                      Broccoli w/Dressing  <i>Choose One or Two</i>                      Assorted or Fresh Fruits                      Fresh Strawberries &amp; Blueberries</p>
<p><b>11 Lunch - Choose One</b>                      Baked Spaghetti w/Breadsticks                      Fish Sandwich w/Corn Muffin  <i>Choose One or Two</i>                      Seasoned Green Beans                      Tossed Salad  <i>Choose One or Two</i>                      Assorted or Fresh Fruits</p>	<p><b>12 Lunch - Choose One</b>                      Sub Day                      Sloppy Jo on/Bun                      Pizza  <i>Choose One or Two</i>                      Smiley Fries                      Lettuce &amp; Tomato                      Green Beans  <i>Choose One or Two</i>                      Assorted or Fresh Fruits</p>	<p><b>13 Lunch - Choose One</b>                      Nacho's w/Taco Meat &amp; Cheese,                      Hamburger on a Roll  <i>Choose One or Two</i>                      Lettuce &amp; Tomato                      Refried Beans                      Whole Fruit Cup  <i>Choose One or Two</i>                      Assorted or Fresh Fruits</p>	<p><b>14 Lunch - Choose One</b>  <i>Choose One</i>                      Turkey Bacon Club                      Chicken Tenders w/Roll  <i>Choose One or Two</i>                      Baked Potato                      Steamed Broccoli  <i>Choose One or Two</i>                      Assorted or Fresh Fruits</p>	<p><b>15 Lunch - Choose One</b>                      Chicken Caesar Wrap                      P. Pan Pepperoni Pizza  <i>Choose One or Two</i>                      Romaine Salad w/Tomato &amp; Dressing                      Carrot Cup w/Dip  <i>Choose One or Two</i>                      Fresh Cantaloupe                      Assorted Fruit</p>
<p><b>18 Lunch - Choose One</b>                      Oriental Chicken Salad                      Cheese Filled Breadsticks  <i>Choose One or Two</i>                      French Fries                      Carrot Sticks                      Lettuce &amp; Tomato  <i>Choose One or Two</i>                      Assorted or Fresh Fruits</p>	<p><b>19 Lunch - Choose One</b>                      Cheese Steak Sandwich                      Chicken Fajita                      Pizza  <i>Choose One or Two</i>                      Seasoned Corn                      Broccoli w/Dressing  <i>Choose One or Two</i>                      Assorted or Fresh Fruits</p>	<p><b>20 Lunch - Choose One</b>                      Chicken Nugget w/Roll                      Hot Ham &amp; Cheese Sub  <i>Choose One or Two</i>                      Mashed Potatoes                      Green Beans  <i>Choose One or Two</i>                      Assorted or Fresh Fruits</p>	<p><b>21 Lunch - Choose One</b>                      Taco                      Taco Salad                      Chicken Salad  <i>Choose One or Two</i>                      Refried Beans                      Rice                      Black Bean Salad  <i>Choose One or Two</i>                      Assorted or Fresh Fruits</p>	<p><b>22 Lunch - Choose One</b>                      Turkey &amp; Cheese Croissant                      Personal Pan Pizza  <i>Choose One or Two</i>                      Romaine Salad w/Tomato, Cucumber &amp; Dressing                      Green Peas  <i>Choose One or Two</i>                      Assorted Fruit                      Fresh Watermelon</p>
<p><b>25 Lunch - Choose One</b>                      BBQ on a Bun                      Fish Sandwich  <i>Choose One or Two</i>                      Baked Beans                      Cole Slaw  <i>Choose One or Two</i>                      Assorted or Fresh Fruit</p>	<p><b>26 Lunch - Choose One</b>                      Chicken Sandwich                      Grilled Cheese                      Pizza  <i>Choose One</i>                      Waffle Fries                      Carrot Sticks  <i>Choose One</i>                      Assorted or Fresh Fruits</p>	<p><b>27 Lunch - Choose One</b>                      Cheeseburger on Bun                      Chicken Nuggets w/Roll  <i>Choose One or Two</i>                      Hash Brown Oval                      Baked Apples                      Green Peas  <i>Choose One or Two</i>                      Assorted or Fresh Fruit</p>	<p><b>28 Lunch - Choose One</b>                      Chicken Sliders                      Hot Dog on Bun w/Chili/Cheese  <i>Choose One or Two</i>                      Scalloped Potatoes                      Tossed Salad                      Green Beans  <i>Choose One or Two</i>                      Assorted or Fresh Fruit</p>	<p><b>29 Lunch - Choose One</b>                      Pizza                      Tuna Salad Croissant  <i>Choose One or Two</i>                      Caesar Salad                      Fresh Vegetables Cup                      Lettuce &amp; Tomato  <i>Choose One or Two</i>                      Assorted Fruit                      Fresh Grapes</p>

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