


Mathews High School Menu - December 2018

Monday	Tuesday	Wednesday	Thursday	Friday
3 Breakfast Cereal & Cheese Toast Lunch - Choose One Oriental Chicken Salad Corn Dog Nuggets Roll <i>Choose One or Two</i> Black Eye Peas Carrot Sticks <i>Choose One or Two</i> Assorted Fruits	4 Breakfast Cereal & Blueberry Muffin Lunch - Choose One Chicken Tenders w/WG Roll French Toast Sticks w/Sausage Hash Browns <i>Choose One or Two</i> Mixed Vegetables Orange Juice <i>Choose One or Two</i> Assorted Fruits WG Cookie	5 Breakfast Waffle Sticks w/Syrup Lunch - Choose One Pizza Pasta Bake Chicken Patty on a Roll <i>Choose One or Two</i> Seasoned Corn California Blend <i>Choose One or Two</i> Assorted Fruits	6 Breakfast Bacon, Egg & Cheese Biscuit Lunch - Choose One Chicken Salad Sandwich Cheeseburger on a Roll <i>Choose One or Two</i> Potato Puffs Lettuce & Tomato <i>Choose One or Two</i> Assorted Fruits	7 Breakfast Breakfast Sausage Pizza Lunch - Choose One Chicken Caesar Wrap Personal Pan Pepperoni Pizza <i>Choose One or Two</i> Glazed Carrots Romaine Salad w/Tomato & Dressing <i>Choose One or Two</i> Assorted Fruits Fresh Strawberries & Blueberries
10 Breakfast Yogurt w/Granola & Cereal Lunch - Choose One Nacho's w/Taco Meat & Cheese Turkey Bacon Club <i>Choose One or Two</i> Refried Beans Lettuce & Tomato Seasoned Corn <i>Choose One or Two</i> Assorted Fruits	11 Breakfast Cereal & Toast Lunch - Choose One Chicken Sandwich Spaghetti w/Garlic Bread <i>Choose One or Two</i> Romaine Salad Carrot Sticks <i>Choose One or Two</i> Assorted Fruits	12 Breakfast Bacon, Egg & Cheese Biscuit Lunch - Choose One Sub Day Hot Dog on Bun <i>Choose One or Two</i> Baked Hash Brown Lettuce & Tomato <i>Choose One or Two</i> Assorted Fruits	13 Breakfast Blueberry Muffin & Cereal Lunch - Choose One Turkey Bacon Club Chicken Tenders w/Roll <i>Choose One or Two</i> Mashed Potatoes Green Beans <i>Choose One or Two</i> Assorted Fruits	14 Breakfast Breakfast Pizza Lunch - Choose One Baco Club or Chicken Salad Personal Pan Cheese Pizza <i>Choose One or Two</i> Romaine Salad w/Tomato & Dressing Mixed Vegetables <i>Choose One or Two</i> Assorted Fruits Fresh Strawberries
17 Breakfast Cereal & Cheese Toast Lunch - Choose One Cheese Filled Breadsticks w/Sauce Oriental Chicken Salad <i>Choose One or Two</i> Lettuce & Tomato Carrot Sticks <i>Choose One or Two</i> Assorted Fruits	18 Breakfast Scrambled Eggs w/English Muffin Lunch - Choose One Chicken Fajita Cheese Steak Sandwich <i>Choose One</i> Seasoned Corn Broccoli w/Dressing <i>Choose One</i> Assorted Fruits	19 Breakfast French Toast Sticks/Syrup Lunch - Choose One Baked Ham w/WG Roll Chicken Nuggets <i>Choose One or Two</i> Candied Yams Corn Pudding Green Beans <i>Choose One or Two</i> Assorted Fruits and Candy Cane Ice Cream	20 Breakfast Chicken Biscuit Lunch - Choose One Fish Sticks w/WG Roll BBQ on Bun <i>Choose One or Two</i> Baked Beans Baked Beans Cole Slaw <i>Choose One or Two</i> Assorted Fruits	21 Breakfast Breakfast Pizza Lunch - Choose One Chicken Spinach Wrap P. Pan Cheese Pizza <i>Choose One or Two</i> Romaine Salad w/Tomato & Dressing Broccoli w/Dressing <i>Choose One or Two</i> Assorted Fruits Fresh Melon Cubes
24	25	26	27	28
				
31 Winter Break	1/1/2019 Winter Break	January 2nd School Reopens	Elementary & Middle School Students may select: Entrée & Grain Option One Cup of Vegetables $\frac{1}{2}$ Cup of Fruit Milk	All Breakfast served with: Fruit Assorted Fruit Juice Milk

This Institution is an equal opportunity provider.