






Mathews High School Menu - December 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Elementary & Middle School Students may select:</p> <p>Entrée & Grain Option One Cup of Vegetables ½ Cup of Fruit Milk</p> <p>All Breakfast served with: Juice or Fruit and Mi</p>				<p>1 Breakfast Breakfast Pizza Lunch - Choose One Crunchy Chicken Cheddar Wrap P. Pan Cheese Pizza Choose One or Two Romaine Salad w/Tomato & Dressing Fresh Vegetable Cup w/Dip Choose One or Two Assorted or Fresh Fruits</p>
<p>4 Breakfast Bacon, Egg & Cheese Biscuit Lunch - Choose One Oriental Chicken Salad Pig in the Blanket Roll Choose One or Two Seasoned Corn Fresh Vegetable Cup w/Dip Choose One or Two Assorted or Fresh Fruits</p>	<p>5 Breakfast Mini Pancakes Lunch - Choose One "Fix Your Own Sub Day" Pizza Choose One or Two Whole Fruit Cup Fresh Broccoli & Cauliflower Cup w/Dressing Choose One or Two Assorted or Fresh Fruits</p>	<p>6 Breakfast French Toast Sticks w/Syrup Lunch - Choose One Chicken Sliders Corn Dog Nuggets Choose One or Two Baked Potato Steamed Broccoli Orange Wedges Choose One or Two Assorted or Fresh Fruits</p>	<p>7 Breakfast Cereal & Muffin Lunch - Choose One Choose One Chicken Sandwich Tuna Salad Sandwich Choose One or Two Waffle Fries Lettuce & Tomato Green Beans Choose One or Two Assorted or Fresh Fruits</p>	<p>8 Breakfast Yogurt w/Granola & Blueberries Lunch - Choose One Chicken Caesar Wrap P. Pan Pizza Choose One or Two Romaine Salad w/Tomato & Dressing Baby Carrots w/Dip Choose One or Two Assorted or Fresh Fruit</p>
<p>11 Breakfast Blueberry Muffins w/Cereal Lunch - Choose One Spaghetti w/Meat Sauce w/Garlic Bread Stick Hot Dog on Bun Choose One or Two Romaine Salad w/Tomato & Dressing Seasoned Sweet Potatoes Whole Fruit Cup Choose One or Two Assorted or Fresh Fruit</p>	<p>12 Breakfast Sausage Biscuit Lunch - Choose One Stuffed Cheese Pizza Grilled Cheese Sandwich w/Chicken Noodle Soup Choose One or Two Baked Smiley Fries Seasoned Green Beans Choose One or Two Assorted or Fresh Fruits</p>	<p>13 Breakfast Scrambled Eggs w/Toast Lunch - Choose One Nachos w/Taco Meat Or Cheese Sauce Hamburger on Bun Choose One or Two Black Beans Lettuce & Tomato Seasoned Corn Choose One or Two Assorted or Fresh Fruits</p>	<p>14 Christmas Meal Breakfast French Toast Sticks Lunch - Choose One Turkey, Dressing, Gravy w/Roll Chicken Nuggets w/Roll Choose One or Two Candied Yams or Mashed Potatoes Green Beans Red Velvet Cake Choose One or Two Assorted or Fresh Fruits</p>	<p>15 Breakfast Breakfast Pizza Lunch - Choose One Turkey & Cheese Croissant Personal Pan Pizza Choose One or Two Romaine Salad w/Tomato & Dressing Fresh Vegetable Cup w/Dip Choose One or Two Assorted Fruit Fresh Fruit</p>
<p>18 Breakfast Chicken Biscuit Lunch - Choose One Cheese filled Breadsticks w/Sauce Hamburger on Bun One or Two Lettuce & Tomato Baby Carrots w/Dip Steamed Corn Choose One or Two Assorted or Fresh Fruit</p>	<p>19 Breakfast Yogurt w/Granola & Berries Lunch - Choose One Soft Taco Cheese Steak Sandwich Stuffed Cheese Pizza Choose One Fresh Broccoli & Cauliflower w/Dressing Green Beans Whole Fruit Cup Choose One Assorted or Fresh Fruits</p>	<p>20 Breakfast Scrambled Eggs w/Toast Lunch - Choose One "Homemade Pancakes" w/Sausage Chicken Nuggets w/Roll Choose One or Two Baked Hash Brown Baked Apples Orange Juice Choose One or Two Assorted or Fresh Fruit</p>	<p>21</p> <p>NO SCHOOL</p>	<p>22</p> <p>NO SCHOOL</p> 
<p>25/31</p> 	<p>26</p> <p>NO SCHOOL</p>	<p>27</p> <p>NO SCHOOL</p>	<p>28</p> <p>NO SCHOOL</p>	<p>29</p> <p>NO SCHOOL</p>

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